

# **Equine Acupressure Hands-On Class with Diana Thompson**

## **Support Your Horse's Health and Build Relationship**

The ancient art of acupressure has great value for the modern horse and you can learn how to apply it yourself! During this six-hour program, experienced horsewoman and international instructor Diana Thompson will teach students how to use acupressure on their horses. The methods are easy to learn, safe to apply, and remarkable in their positive influence on horse health and performance. The ten acupressure points taught in this class calm the horse, relax tight muscles in the neck, back, and hind legs, support digestion, lungs, and immune function.

**CLASS SIZE:** 8 students.

**FEE:** \$99.00 This fee includes the hands-on class, a copy of Diana's 136-page printed book *Acupressure Methods for Horses*, a 4-page laminated point chart, and an online education program with 7 professionally filmed videos and printable materials. The book includes 55 quality photographs, acupressure point location charts, and step-by-step instructions.

**DATE:** Saturday, March 9, 2024.

**TIME:** Registration begins at 8:30 am. Class starts at 9 am and ends at 4 pm.

**LOCATION:** Diana Thompson's Equine Facility near Santa Rosa, California, which includes a spacious barn with 24-foot-wide aisle way, large stalls and paddocks, and covered riding arena.

**The Morning Program will be held in the large living room of Diana's home.** There are chairs, tables, and a television screen for slides and video presentations. Diana will explain how acupressure works, show how horses react to the process, and show students how to use their hands to apply the methods. She will also discuss important point locations.

**Cats:** Diana has two cats who live in the house. If you're allergic to cats you may want to attend this class later in the year. During warm weather, the class is held in the barn all day.

**Mask Requirements for the Morning Program:** Diana has health issues that put her at risk for Covid and respiratory infections. When the class is gathered in the house for morning class, everyone needs to wear a mask. Masks will be supplied if you need one. Diana would also appreciate it if students would avoid using perfume, cologne, and other scented products.

**The Afternoon Program will be held in the large barn stalls and 24-foot aisle way or out in the covered arena.** Diana will guide students as they practice the acupressure methods with the horses and learn how to locate at least 10 powerful acupressure points.

**PAYMENT AND REGISTRATION ARE NECESSARY TO RESERVE YOUR POSITION IN THE CLASS.** Complete the signup process online in Diana's website store.

**DIANA'S WEBSITE ADDRESS** <https://www.acupressuremethodsforhorses.com>

**CANCELLATION AND REFUND POLICY.** This class has limited enrollment. If you let us know you will not be attending class at least seven days prior to the class date, there will be a refund of class fees less a \$10.00 cancellation fee. If you notify us less than seven days prior to the class date, there will be a refund of class fees less a \$20.00 cancellation fee.

**QUESTIONS?** Call or text Diana at (707) 328-3237 or e-mail her at [info@dianathompson.com](mailto:info@dianathompson.com)

**WANT TO BRING YOUR HORSE?** Diana welcomes one or two well-mannered horses to help during the afternoon program. Contact her to see if your horse is a good fit for the class.

**CLASS BREAKS AND LUNCH:** Bring your own food and beverages for the day.

### **ABOUT DIANA THOMPSON**

Diana Thompson is a professional horse trainer, college instructor, international clinician, and award-winning writer. She's used acupressure, massage, joint range of motion exercises, Bach flower essences, and gentle training methods with horses for more than 35 years. Her approach calms the horse, relaxes tight muscles, and increases range of motion. This process supports the soundness and coordination of each horse and deepens the connection between horse and handler. Most horses enjoy Diana's methods and respond with an improvement in their ability to learn and perform.

One of Diana's passions is teaching students hands-on methods that create well-being in their horses. She teaches a variety of classes at her farm near Santa Rosa, California, and other locations. She has also created online classes that are available through her website.

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